

The Piper

The McLeod Community League Newsletter

Spring 2011



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Important Dates:

March 5, 2011: Spring sports registration
March 11, 2011: Spring sports registration
March 16, 2011: Playschool Registration
March 22, 2011: Hollick-Kenyon Park Society AGM
April 22 and 24—Good Friday and Easter Sunday
April 30, 2011: Hollick-Kenyon Park Society Fundraising BBQ

The Piper: The McLeod Community League Newsletter

Circulation: 6933

Published 4 times per year.

Submissions & advertising:
www.mcleodcommunityleague.ca/newsletter
or piper@mcleodcommunityleague.ca

Next issue: Summer 2011
Deadline for submissions and advertising:
June 30, 2011

President's message

Hello everyone. McLeod Community's 2010 Halloween dance, Children's Christmas Party, and New Years party were extremely successful. Everyone who attended had a blast! Thank you to Teresa and Shauna for all their hard work on making these events happen. 2011 promises to be bigger and better and I hope even more people in our community will come out and enjoy the festivities and meet new people. The indoor soccer season is coming to a close. All our teams had a great season. I would like to thank all the people in the community who gave their time on making this program such a success. Spring is finally around the

corner. Hopefully we have seen the last of the very cold weather, and the heavy snowfalls. Just a reminder of the March 5, 2011, and March 11, 2011, spring program registration dates. Don't miss them. I hope to see everyone there. If you have any issues, concerns, questions, or compliments, you would like answered, or passed on, please feel free to contact me. Wishing everyone all the best in 2011.

Collin
President

Volunteers needed

Like most communities in Edmonton, the McLeod Community League is run entirely by volunteers. Our board of directors is comprised of volunteers, the coaches for all our sports programs are volunteers, and every activity or program that we run relies heavily on the willingness of our neighbours to pitch in and help out.

Many people - your friends and neighbours- choose to help out simply because they want to give back and contribute to a tighter-knit community. We are always in need of more people to help

though—many hands truly do make light work.

If you've thought about volunteering for the community league, but aren't sure how you might contribute, please stop by one of our board meetings. They're usually held on the fourth Thursday of the month at 7pm at the hall (14715 59 Street). Everybody is welcome, and we're sure to find a way to make good use of your talents!

George
Communications Director

Free skating!

Rinks are open!

The weather has been pretty wild for the past few months, but the McLeod Rinks are still open for business! Skating is free with your community league membership and skate tags, and access is available for a nominal fee for non-members.

The rinks are open Monday to Friday from 5-10pm, Saturdays 12-5pm, and Sundays 11am-4pm. For up-to-date information on the rink status, call the Rink Shack at (780) 473-8993.



WWW.MCLEODCOMMUNITYLEAGUE.CA



Outdoor Soccer!

Another indoor soccer season is over, except for the teams advancing to City Finals, Intercities, and possibly Provincials. Good luck and congratulations!

Spring registration for Outdoor soccer will take place on Saturday, March 5, 2011 from 9am-3pm with the little tykes to U10 (2007 to 2001) registering from 9am-noon and U12 and up (2000 and older) registering from noon-3pm. Please check the website for more soccer information:
www.mcleodcommunityleague.ca.

Last outdoor season we ran 52 teams with 27 of them being U6 and U8, but we were very short of coaches at those levels. If you are registering a child in the U6 or U8 categories, please think about coaching. We will put you through a coaching clinic, and at that age group it truly is all about the snack, having fun, and making friends! If you would like more info on coaching, please contact me at:
soccer@mcleodcommunityleague.ca

Mirka
 Soccer Program Coordinator

Playschool

Playschool Registration for the 2011/2012 term will be on Wednesday March 16th, 2011 from 6-8 pm at McLeod Hall. A non-refundable deposit will be required that night to hold your place.

For more information about our program, check our website at www.mcleodcommunityleague.ca under 'Programs'.

Nadine
 Playschool Director

Hollick-Kenyon Park Society

2011 Annual General Meeting

This year's AGM will be held at 7:00pm on Tuesday, March 22nd at the McLeod Community League Hall 14715 59 Street. We welcome everyone to come out and see how far we have come, and help us build **everyone's playground.**

As well, you can join us on April 30 at the Root Seller where we will be holding a BBQ. Access is off 167ave, just East

of 50st. Come out and enjoy some hot dogs and pop. Watch for more details on our website at www.hollickkenyonpark.ca and our Facebook page.

Devin McIntosh
 Chair,
 Hollick-Kenyon Park Society
hkchair@gmail.com



*"Spring is
 Nature's way of
 saying 'Let's
 Party!'"*
 ~Robin Williams

Baseball Registration

Another baseball season is fast approaching. To register your child for baseball, please come to the McLeod Community Hall for the Spring Sports Registration held March 5, 2011 from 9am-3pm or March 11th from 6-9pm.

Baseball fees are as follows:

Category	Birth Year	Fee
BlastBall	2006/07	\$40
Rally Cap	2004/05	\$65
Sr. Rookie	2002/03	\$65
Mosquito	2000/01	\$100
PeeWee	1998/99	\$100
Bantam	1996/97	\$100

Midget 1993-95 \$125
 Baseball playing days are as follows:



Category	Playing day
Blastball	Thursdays
Rally Cap	Mon/Wed
Sr. Rookie	Mon/Wed
Mosquito	Tue/Thur
PeeWee	Mon/Wed
Bantam	TBA
Midget	TBA

The McLeod Community League Baseball Program is affiliated with the Northeast Zone Sports Council Baseball Committee, and we compete with teams

from across northeast Edmonton, Sherwood Park, Ardrossan and Fort Saskatchewan. The program follows the guidelines and standards set by Baseball Alberta and focuses on skills development, fair play and the enjoyment of the game of baseball. Coaches are NCCP qualified to the appropriate level and have completed the *Respect in Sport* module as mandated by Baseball Alberta.

Come join us and PLAY BALL!
Brad
 Baseball Director



PLAY BALL!

NEZ SOFTBALL & BASEBALL are ready for the 2011 season.

WATCH FOR REGISTRATION DATES IN YOUR HOME COMMUNITY

If your community league is not holding registration then register at


NEZ CENTRAL REGISTRATION

Northeast Zone Sports Council Office
7515 Borden Park Road
(Behind the tennis courts in Borden Park)

- Sunday March 13 from 12:00 to 3:00 pm
- Saturday March 19 from 11:00 am to 3:00 pm
- Wednesday March 23 from 6:30 pm to 8:30 pm
- Wednesday March 30 from 11:00 am to 2:00 pm & from 6:30 pm to 8:30 pm.

CHECK OUT www.nezsports.com FOR REGISTRATION INFORMATION, FEES & PROGRAM INFORMATION

Or contact: For Baseball, Dave Ball @ 780-475-5609 or balldr@shaw.ca
For softball, Jen Chute @ 780-473-6667 or jenchute@telus.net



"In the spring, at the end of the day, you should smell like dirt."

~Margaret Atwood

Neighbourhood Watch

Garage Break and Enters

"Help, my snow blower was stolen!" Even during the winter, garages are a favourite target for thieves. It is not uncommon for snow blowers to be stolen along with anything else of value such as tools, leaf blowers, lawn mowers, electronics, bikes or sporting goods.

Thieves may break in but often the garage door is simply left wide open while the homeowner is shoveling snow, working in the yard, or going into the house.

Garage thefts are crimes of opportunity, and they happen quickly, but here are some tips to help fight this crime:

- Put curtains over garage windows to prevent thieves from looking inside for items to steal.
- Keep garage doors and tool sheds closed and locked at all times.
- Secure your garage access

doors with deadbolts.

- Install lights near your garage to keep the area well lit.
- Record the make, model, and serial number of items in your garage, and engrave your **name or driver's license** number on valuable items.
- Report stolen items to police as soon as possible.
- Be aware of suspicious persons or vehicles in your neighbourhood, and look out for your neighbours and their property as well. Report suspicious activities to police immediately.

Deb and Bruce
McLeod Neighbourhood Watch




Miller Playground

The Miller Playground Society Executive for 2010-2011 are as follows:

- President – Leanne Rosinski
 - Vice President – Kerri Wagensveld
 - Treasurer – Tracey Bertrand
 - Secretary – Christine Pandur
 - Special Projects Coordinator – Troy Kalita
- Please contact us at millerplayground@hotmail.com.





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By Appointment Only



February Is Heart Month

Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death.

Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery. **February is Heart Month** - take the time to be heart safe and learn how you can reduce your risk.

Know the signs of a heart attack
(Any or all of these signs & symptoms may occur)

- Chest pain described as crushing, squeezing, pressure or chest heaviness;
- Pain that moves beyond the chest such as shoulder, arm, neck or jaw pain;
- Shortness of breath, sweating or nausea and vomiting.

What to do when seconds count

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death.
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG).
- Paramedics can also administer important medications in the early minutes of a heart attack to lessen heart damage.
- During transport, EMS will also share information with the hospital so definitive treatment can begin immediately on arrival.
- Take a CPR/AED (automated external defibrillator) course. Training is widely available from many reputable organizations. It's easy, inexpensive, and only takes a few hours.

Reduce your risk

Heart attack risk factors include:

- Obesity
- Sedentary lifestyle
- Smoking
- High cholesterol
- Age / Gender
- Family history

Speak with your doctor about how to treat your modifiable risk factors and learn to be heart safe.

www.albertahealthservices.ca

McLeod Community League Contacts

President	Collin	(587) 989-1707
Past President	Wayne	(780) 475-8646
Vice President	Troy	(780) 457-1169
Secretary	Gloria	(780) 475-5712
Treasurer	Tammy	(780) 475-9376
Sports Director	Shelley	(780) 340-6820
Hockey	Ed	(780) 456-9386
Baseball	Brad	(780) 457-7421
Softball	Gord	(780) 420-5864
Soccer	Vacant	
Program Coordinator	Mirka	(780) 478-6649
Program Director	Shauna	(780) 399-5605
Social Director	Teresa	(780) 906-2424
Membership Director	Cheryl	(780) 940-6569
Facilities Director	Del	(780) 475-1273
Hall Rentals	Patricia	(780) 473-2448
Neighbourhood Watch	Deb and Bruce	(780) 476-3842
Communications Director	George	(780) 240-3200
Casino Director	Steve	(780) 475-8387
Bingo Coordinator	Joanne	(587) 989-1707
Chair-Castledowns Bingo	Teresa	(780) 906-2424
Chair-ENEBA Bingo	Teresa	(780) 906-2424
Playschool Director	Nadine	(780) 456-9186
Grants Director	Leanne	(780) 906-9150
Area 17 Council Representative	Jeff	(780) 478-0827

Note: due to privacy concerns, we now only publish first names for our contacts.

General Contact Info

Our Hall phone number is (780) 475-5712. For a faster response it's best to call the appropriate director at the numbers listed to the left. Web site: <http://www.mcleodcommunityleague.ca> E-mail: piper@mcleodcommunityleague.ca

Hall Rentals

The McLeod Community Hall is located at 14715 59 Street, and is available for rent hourly or daily. Call Patricia at (780) 473-2448 for information and bookings (leave a message if there is no answer). Rental discounts are available for League members.

Free Swimming!

Members of the McLeod Community League can get a free swim at **Londonderry Pool every Sunday from 4:15pm to 5:45pm, and at O'Leary Pool every Saturday from 3:45pm to 5:45pm from September to June.** Just show your membership card!

About the McLeod Community League

We are a non-profit, volunteer-run society that: a) facilitates a healthy and safe community through affordable recreation, sports, and social activities; b) advocates on issues that affect our community, and c) provides a central location for meetings, recreational programs, and social events. The League is comprised of the neighbourhoods of McLeod, Casselman, Matt Berry (also known as McLeod Park), Hollick-Kenyon and Miller, in Northeast Edmonton.